

沙田崇真中學

秋季旅行日

學生須知

- 一、 目的：
 1. 促進同學友情，增強歸屬感。
 2. 舒展身心，享受大自然。
- 二、 學生可穿便服或社衫，但不可穿無袖上衣，褲子長度應及膝，並須穿著運動鞋襪。服飾及髮式應端莊樸素，不得標其立異。
- 三、 學生因病缺席，必須在十一月十二日當天早上八時十五分前致電回校請假；於其他日子出發的班別，則須於集合時間前兩小時致電通知領隊老師。所有請假學生於事後須呈交家長信及醫生證明書。無故缺席者，作曠課論。
- 四、 十一月十二日當日回校集合的學生進校時間為上午八時三十分後。學生當天不能上課室，並須於上午九時於地下籃球場集合。旅行完畢後，學生不可回校進行活動。
- 五、 學生必須準時到達集合地點向老師報到。遲到的學生將不可參與旅行，並須回校自修至下午 3:55。
- 六、 所有學生需帶備學生證及身份證。
- 七、 學生應避免攜帶貴重物品，並須小心自行保管財物。
- 八、 學生可帶手提電話及相機，惟未經老師准許不得於校園內使用。若同學未經老師准許於校園內使用手提電話或相機，會被記名，其電話及相機亦將由訓導處保管，直至旅行完結後學生方獲發還有關物品。
- 九、 學生可以手機播放音樂作遊戲之用，但須注意音量，以免影響他人。
- 十、 除已有特別安排的班別外，學生須自備膳食。若學生燒烤，必須聽從老師指示，注意安全。
- 十一、 學生必須愛護公物及大自然，切勿留下垃圾及火種。
- 十二、 在沙灘活動時，同學應穿鞋以避免受傷，同學亦不能擲水彈或沙。
- 十三、 學生應按照老師之指示，乘坐指定之交通工具，並注意有關之安全守則。
- 十四、 學生不得在旅遊地點游泳、划艇及踏單車。
- 十五、 學生應珍惜群體生活之機會，班會活動期間，不得離群，旅行期間不可用電話聊天、閱讀雜誌或漫畫、收聽音樂或使用電子遊戲機等。
- 十六、 學生不可相約校外人士在旅遊地點等候。
- 十七、 學生在旅行時必須遵守本校一切校規，違反上述規則或其他校規者，將按校規處理。

十八、惡劣天氣下之安排（屆時校方會透過 eClass 手機應用程式家長版通知家長，學生亦可瀏覽學校網頁或致電校務處查詢）：

- (a) 集合前兩小時正下大雨、有雷暴警告或懸掛一號風球：
在安全情況下，旅行及宿營將如期進行。
- (b) 集合前兩小時已懸掛三號風球或以上、紅色暴雨或黑色暴雨警告：
取消旅行及宿營，學生不須回校。
- (c) 集合前兩小時活動地區的空气質素健康指數達 10+：
取消旅行（包括宿營），學生不須回校。
- (d) 根據教育局的《戶外活動指引》，如進行戶外活動地區的空气質素健康指數達 8，學校應禁止易受空氣質素影響的參加者（例如心臟或呼吸系統有毛病的人士）參與活動。所以，在校外集合的班別，有關學生不能參與旅行並需即時回家。在學校集合的班別，有關學生則需留校自修至下午 3:55。



Shatin Tsung Tsin Secondary School

School Picnic Day

Reminder to students

1. Aims :
 - (a) To promote friendship amongst students and enhance their sense of belonging to the school;
 - (b) Relax and enjoy the beauty of nature
2. All students should wear the school PE uniform or plain casual clothes with sleeves, trousers that at least cover their knees, sport socks and shoes. Students should have proper and decent appearance.
3. Students whose absence is due to illness should phone the school office before 8:15 a.m. on 12th November, 2018; for those who have to assemble on other dates should phone the teacher leaders 2 hours before the assembly time. All students on sick leave are required to submit a parent's letter together with a medical certificate when normal school resumes. Any absence without appropriate reason will be considered as playing truant.
4. Students who have to assemble at the school will be allowed to enter the school after 8:30 a.m. on 12th November, 2018. They are not permitted to go upstairs and should assemble at the Basketball Court on the ground floor at 9 a.m. Students are not allowed to stay at school for other activities after the picnic.
5. Students must arrive at the assembly place on time. Those who are late have to return to the school to have self-study until 3:55pm.
6. Students should bring their own student cards and Hong Kong Identity Cards.
7. Students should avoid bringing any valuable item and they should take care of their own belongings.
8. Students are permitted to bring mobile phones and cameras. However, they should not use mobile phones or cameras within the school campus without teachers' approval. Students who violate this regulation will receive a written record, while their mobile phones and cameras will be kept in the Discipline Office and can be collected only after the picnic.
9. Students can play music with mobile phones for group games but should be aware of the volume of the music so that disturbance to others is avoided.
10. Students should prepare their own food (except the classes which have special arrangement). Students who are having barbeque should pay attention to the safety measures under teachers' instruction.
11. Students should protect the environment. Garbage and tinder must be cleared.
12. During activities on beaches, students should wear shoes to avoid injury. Any throwing of water bombs or sand is prohibited.
13. Students should follow teachers' instruction regarding transportation and observe safety regulations.
14. Students are not allowed to go swimming, rowing or cycling at the picnic spot.
15. Students should value the opportunity of having social life. Students must stay with their own classes during class activities. Talking on phones, reading magazines or comics, listening to music or playing electronic games etc during the picnic is forbidden.
16. Meeting outsiders at the picnic spot is strictly prohibited.
17. Students must observe the school regulations. Any offense to the above regulations or other school regulations during the picnic will receive penalty according to school regulations.

18. Special arrangements in case of bad weather (The school will notify parents through the eClass Parent App and students can browse the school's web page or phone the School Office for updated information):
- (a) Heavy rainfall, the issue of the Thunderstorm Warning or the Tropical Cyclone Warning Signal No. 1 two hours before the assembly time: the picnic and camping activities will proceed as scheduled under safe condition.
 - (b) The issue of the Tropical Cyclone Warning Signal No. 3 or above, the Red or Black Rainstorm Warning Signal two hours before the assembly time: the picnic and camping activities will be cancelled and students should not go back to school.
 - (c) Air Quality Health Index reaches 10+ two hours before the assembly time in the area in which the activity takes place: the picnic (including camping) will be cancelled. Students should not go back to school.
 - (d) According to EDB's "Guidelines on Outdoor Activities", schools are advised to stop participants who are susceptible to effects of air quality (e.g. those with heart or respiratory illnesses) from taking part in the outdoor activities if the Air Quality Health Index (AQHI) reaches 8 in the area in which the activity takes place. Hence, for classes who assemble outside the school, the students concerned cannot join the picnic and should go home immediately. For classes who assemble inside the school, the students concerned cannot join the picnic and should have self-study at school until 3:55 p.m.

